

ORGANISATION NAME	AREAS SERVED	ADDRESS	PHONE NUMBERS	WEBSITE/EMAIL
Military and Police Support of West Tyrone (MAPS)	Omagh, Strabane, Dungannon & Tyrone	53 Market Street	028 8224 5459	mapsofwesttyrone@btinternet.com
New Life Counselling	Belfast	25 Ardoyne Road	028 9039 1630	www.newlifecounselling.net
Newry and Mourne Local Voluntary Welfare Group	Armagh, Newry & Mourne		028 9027 9100	Contact VSS: enquiries@vssni.org
Omagh Police Wives Group	Omagh		028 9027 9100	Contact VSS: enquiries@vssni.org
Omagh Support and Self Help Group (OSSHG)	Omagh and Border Regions	5A Holmview Avenue	028 8225 9877	www.omaghshppport.co.uk
Out of the Shadows	Armagh, Craigavon	Units 1A and 2A, 163 Portadown Road	028 3887 9679	outoftheshadows38@hotmail.co.uk
Paper Trail	Across Northern Ireland	5 Churchhill Street	028 9581 8575	www.papertrailpro
Pat Finucane Centre	Across Northern Ireland and Republic of Ireland	Unit 8B Rath Mor Centre	028 7126 8846	www.patfinucanecentre.org
REACT	Armagh, Cookstown, Newry & Mourne, Dungannon & Tyrone	2 Malview Terrace	028 3752 6869	www.reactni.org
Relatives for Justice (RFJ)	Throughout Ireland	39 Glen Road	028 9062 7171	www.relvestivesforjustice.com
South and East Tyrone Welfare Support	Dungannon & Tyrone	51 Main Road	028 8772 6152	setw@btconnect.com
South Armagh Rural Women's Network	Armagh, Newry & Mourne	Crossmaglen Community Centre	028 3086 8939	www.sarwn.co.uk
South East Fermanagh Foundation (SEFF)	Across Northern Ireland, Republic of Ireland and GB	1 Manderwood Park	028 6772 3884	www.seff.org.uk
South Tyrone Voluntary Welfare Group	Dungannon & Tyrone		028 9027 9100	Contact VSS: enquiries@vssni.org
Springhill Community House	Belfast	6-7 Springhill Close	028 9032 6722	www.schle
Survivors of Trauma	Belfast	151 Cliftonville Road	028 9074 9444	www.survivorsoftrauma.com
Tara Centre	Fermanagh, Omagh	11 Holmview Terrace	028 8225 0024	www.taracentre.com
The Ely Centre Ltd	Fermanagh, Omagh, Craigavon, Dungannon & Tyrone	52-60 Forthill Street	028 6632 0977	www.elycentre.com
The Strule Association	Omagh, Castlederg, Strabane, Artigarvan, Donemagh		028 9027 9100	Contact VSS: enquiries@vssni.org
Tim Perry Johnathan Ball Peace Foundation	Across Great Britain	Peace Drive	01925 581243	SAN@peace-foundation.org.uk
Tullyvallen Family Support	Newtownhamilton		028 9027 9100	Contact VSS: enquiries@vssni.org
UDR Association Castlederg	Omagh, Castlederg, Strabane		028 9027 9100	Contact VSS: enquiries@vssni.org
UDR Association Coleraine	Coleraine, Ballymoney	29E New Row	028 7032 1657	ecoycolerainenudr1970@outlook.com
UDR Association Enniskillen	Fermanagh, Omagh		028 9027 9100	Contact VSS: enquiries@vssni.org
UDR Association Lisnaska	Fermanagh, Omagh		028 9027 9100	Contact VSS: enquiries@vssni.org
Ulster Human Rights Watch	Across Northern Ireland	Windsor Avenue	028 3834 4500	www.uhrwadvocacy.org.uk
Victims and Survivors Trust (VAST)	Belfast	Unit 12 Social Economy Village	028 9062 7501	www.victimssandurvivorstrust.com
WAVE Trauma Centre	Across Northern Ireland	5 Chichester Park South	028 9077 9922	www.wavetraumacentre.org.uk
Wounded Police and Families Association	Belfast		028 9027 9100	Contact VSS: enquiries@vssni.org

WHAT IS OUR ROLE?

Our role is to provide services and support to victims and survivors of the Conflict/Troubles.

If you have been affected by the Conflict/Troubles and feel that you need some support, **please contact us or any of the service providers shown on this leaflet.**


We are ready to speak with you in confidence to find options available to help you.


The information in this leaflet is correct as of the date of publication. For the most up to date information please visit our website:

www.victimsservice.org



VS VICTIMS & SURVIVORS SERVICE

 Victims & Survivors Service
1st Floor, Seatem House
28-32 Alfred Street
Belfast
BT2 8EN

 028 9027 9100

 enquiries@vssni.org

 Monday – Friday, 9am-5pm

 www.victimsservice.org



Peace Northern Ireland - Ireland
European Regional Development Fund

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VS VICTIMS & SURVIVORS SERVICE

SERVICES AND SUPPORT FOR VICTIMS AND SURVIVORS ACROSS NORTHERN IRELAND

ORGANISATION NAME	AREAS SERVED	ADDRESS	POSTCODE	PHONE NUMBERS	WEBSITE/EMAIL
Ailing Centre	Fermanagh, Omagh	37 Darling Street	BT4 7DP	028 6632 5811	www.theaillingcentre.com
Antim Voluntary Welfare Group	Antim			028 9027 9100	Contact VSS: enquiries@vssni.org
Antim Youth Information and Counselling Centre	Antim, Ballymena, Larne, Newtownabbey	10a High Street	BT41 4AN	028 9442 9844	www.ayicc.co.uk
Ashon Community Trust - Bridge of Hope Centre	Belfast	5 Churchill Street	BT5 2BP	028 9543 8707	www.ashoncommunitytrust.com
Aurora Counselling	Derry/Londonerry	46b Racecourse Road	BT48 8DS	028 7135 0407	www.auroracounselling.org
Barnard's - NOVA	Armagh, Banbridge, Craigavon, Dungannon & Tyrone	10 Church Street	BT32 4AA	028 4062 8758	www.barnardos.org.uk/northernireland
CALMS (Community Action for Locally Managing Stress)	Derry/Londonerry, Strabane, Limavady	10 Northland Road	BT48 7JD	028 7126 8698	calms.stresscentre@btconnect.com
Castlehill Foundation	Craigavon, Dungannon & South Tyrone	31 Castle Street	BT62 1BA	028 3833 3840	castlehillfoundation@outlook.com
Centre for Health and Wellbeing	Belfast	689 Upper Springfield Road	BT12 7FP	028 9022 3220	www.chwbelfast.org
County Armagh Phoenix Group	Armagh	3 Malview Terrace	BT61 9AN	028 3752 7802	capg@btinternet.com
Decorum NI	Across Northern Ireland	26 Balloo Avenue	BT19 7QT	028 9145 7565	info@decorumni.co.uk
Derry Well Women	Derry/Londonerry	17 Queen Street	BT48 7EQ	028 7136 0777	www.derrywellwomen.org
East Belfast Community Counselling Centre	Belfast	The Network Centre	BT5 4FP	028 9046 0489	www.eastbelstaffcounselling.org
FAIR (Families Acting for Innocent Relatives)	Armagh, Banbridge, Craigavon, Down, Newry & Mourne	18 Mowhan Road	BT60 1RQ	028 3755 2619	info@fairvictims.com
Families Beyond Conflict	Belfast	56 Tenant Street	BT13 3GB	028 9024 8985	jackie@bcbtconnect.com
Families Moving On	Cookstown, Derry/Londonerry, Dungannon & Tyrone, Fermanagh, Magherafelt, Omagh, Strabane	6/6A Dublin Road	BT78 1ES	028 8225 0369	www.familiesmovingon.com
Ferme	Fermanagh	67 Charterhill Road	BT14 6DF	028 6632 4497	www.firme.ie
Holy Trinity Centre	Belfast	26 Norglen Gardens	BT11 8EL	028 9020 0557	admin@holyltrinitybelfast.org
Institute for Conflict Research	Belfast	Unit 12-14 North City Business Centre	BT5 2GG	028 9074 2682	www.conflictresearch.org.uk
Koram Centre	Strabane	3 Mourne Villas	BT82 8BG	028 7188 6181	www.koramcentre.com
Larne Voluntary Welfare Group	Larne, Carrickfergus, Newtownabbey			028 9027 9100	Contact VSS: enquiries@vssni.org
Leahoon Community Forum	Belfast, Lisburn	124 Stewartstown Road	BT11 9JQ	028 9060 0641	admin@leahooncounselling.org
MAST	Down, Newry & Mourne	Reivers House	BT34 4AF	028 4176 3280	www.mastni.co.uk
Mid Ulster Victims' Empowerment (MUE)	Cookstown, Magherafelt, Mid Ulster District Council Area	34 Fairhill Road	BT80 8AH	028 8676 3349	mueproject@yahoo.co.uk

DIRECTORY

THE VSS DELIVERS SERVICES & SUPPORT

to victims and survivors of the Conflict/ Troubles

WHO ARE VICTIMS AND SURVIVORS?

The Victims and Survivors (Northern Ireland) Order 2006 defines victims and survivors as:

- Those who have been bereaved as a result of a Conflict/Troubles-related incident.
- Those who have been injured as a result of a Conflict/Troubles-related incident (physically or psychologically).
- Those who provide care for others who have been injured in this way.

We deliver a wide range of services and support in the community, in more than 50 locations across Northern Ireland. These services are delivered free of charge, specifically for victims and survivors.

If you want to know more about the support that is available, please do not hesitate to contact our service providers.

Befriending Services	Do you feel isolated? Our service providers offer outreach services and emotional support that may be relevant to you.
Complementary Therapies	Do you want to relax your mind and body in a stress-free environment? Our service providers offer therapies such as reflexology and aromatherapy, which can help you relax and improve your sense of well being.
Personal and Professional Development	Do you want to learn new skills, or participate in activities that bring you into contact with other people? Our service providers offer various classes and activities that may be of interest to you.
Social Support	Do you want to come together with others, to remember and commemorate important dates and memories that you share? Or do you want to enjoy the company of others who have had similar experiences to you? Our service providers organise activities that may be of interest to you.
Talking Therapies	Do you need to talk to someone? Our service providers offer talking therapies that include counselling, life coaching and Cognitive Behavioural Therapy.
Transgenerational Services	Looking for services and activities that take into account family dynamics and relationships across the generations? Our service providers deliver programmes that may be relevant to you.
Truth, Justice & Acknowledgement Activities	Are you interested in the work of 'dealing with the past' in relation to the Conflict / the Troubles? Are historical investigations important to you? Or do you want to know more about truth, justice and acknowledgement, and what these ideas might mean for you? Our service providers have experience of working in this area.
Welfare Support	Do you need help to make sense of welfare support? Not sure what you're entitled to? Our service providers offer support and guidance regarding benefits claims and related issues.



SERVICES

BEFRIENDING SERVICES

CASTLEHILL FOUNDATION

Craigavon, Dungannon & South Tyrone
028 3833 3840

COUNTY ARMAGH PHOENIX GROUP

Armagh
028 3752 7802

FAIR (FAMILIES ACTING FOR INNOCENT RELATIVES)

Armagh, Banbridge, Craigavon, Down, Newry & Mourne
028 3755 2619

FAMILIES MOVING ON

Cookstown, Derry/Londonderry, Dungannon & S. Tyrone, Fermanagh, Magherafelt, Omagh, Strabane
028 8225 0369

FIRINNE

Fermanagh
028 6632 4497

MAST

Down, Newry & Mourne
028 4176 3280

MILITARY AND POLICE SUPPORT OF WEST TYRONE (MAPS)

Omagh, Strabane, Dungannon & S.Tyrone
028 8224 5459

SOUTH AND EAST TYRONE WELFARE SUPPORT

Dungannon & S.Tyrone
028 8772 6152

SOUTH ARMAGH RURAL WOMEN'S NETWORK

Armagh, Newry & Mourne
028 3086 8939

SOUTH EAST FERMANAGH FOUNDATION (SEFF)

Across Northern Ireland, Republic of Ireland and GB
028 6772 3884; 028 6772 2242

THE ELY CENTRE LTD

Fermanagh, Omagh, Craigavon, Dungannon & S.Tyrone
028 6632 0977

UDR ASSOCIATION ENNISKILLEN

Fermanagh, Omagh
028 9027 9100

COMPLEMENTARY THERAPIES

AISLING CENTRE

Fermanagh, Omagh
028 6632 5811

ANTRIM YOUTH INFORMATION AND COUNSELLING CENTRE

Antrim, Ballymena, Larne, Newtownabbey
028 9442 9844

ASHTON COMMUNITY TRUST - BRIDGE OF HOPE

Belfast
028 9543 8707; 028 9022 1022

AURORA COUNSELLING

Derry/Londonderry
028 7135 0407

CALMS (COMMUNITY ACTION FOR LOCALLY MANAGING STRESS)

Derry/Londonderry, Strabane, Limavady
028 7126 8698

CASTLEHILL FOUNDATION

Craigavon, Dungannon & South Tyrone
028 3833 3840

CENTRE FOR HEALTH AND WELLBEING

Belfast
028 9022 3220

CÚNAMH

Derry/Londonderry, Limavady
028 7128 8868

DERRY WELL WOMEN

Derry/Londonderry
028 7136 0777

FAMILIES MOVING ON

Cookstown, Derry/Londonderry, Dungannon & S. Tyrone, Fermanagh, Magherafelt, Omagh, Strabane
028 8225 0369

FIRINNE

Fermanagh
028 6632 4497

KORAM CENTRE

Strabane
028 7188 6181

MILITARY AND POLICE SUPPORT OF WEST TYRONE (MAPS)

Omagh, Strabane, Dungannon & S.Tyrone
028 8224 5459

OMAGH SUPPORT AND SELF HELP GROUP (OSSHG)

Omagh and Border Regions
028 8225 9877

REACT

Armagh, Cookstown, Newry & Mourne, Dungannon & S.Tyrone
028 3752 6869

RELATIVES FOR JUSTICE (RFJ)

Throughout Ireland
028 9062 7171

SOUTH AND EAST TYRONE WELFARE SUPPORT

Dungannon & S.Tyrone
028 8772 6152

SOUTH EAST FERMANAGH FOUNDATION (SEFF)

Across Northern Ireland, Republic of Ireland and GB
028 6772 3884; 028 6772 2242

SPRINGHILL COMMUNITY HOUSE

Belfast
028 9032 6722

SURVIVORS OF TRAUMA

Belfast
028 9074 9944

TARA CENTRE

Fermanagh, Omagh
028 8225 0024

THE ELY CENTRE LTD

Fermanagh, Omagh, Craigavon, Dungannon & S.Tyrone
028 6632 0977

VICTIMS AND SURVIVORS TRUST (VAST)

Belfast
028 9062 7501

WAVE TRAUMA CENTRE

Across Northern Ireland
028 9077 9922

PERSONAL AND PROFESSIONAL DEVELOPMENT

AISLING CENTRE

Fermanagh, Omagh
028 6632 5811

ANTRIM YOUTH INFORMATION AND COUNSELLING CENTRE

Antrim, Ballymena, Larne, Newtownabbey
028 9442 9844

ASHTON COMMUNITY TRUST - BRIDGE OF HOPE

Belfast
028 9543 8707; 028 9022 1022

AURORA COUNSELLING

Derry/Londonderry
028 7135 0407

CALMS (COMMUNITY ACTION FOR LOCALLY MANAGING STRESS)

Derry/Londonderry, Strabane, Limavady
028 7126 8698

CASTLEHILL FOUNDATION

Craigavon, Dungannon & South Tyrone
028 3833 3840

COUNTY ARMAGH PHOENIX GROUP

Armagh
028 3752 7802

DECORUM NI

Across Northern Ireland
028 9145 7565

DERRY WELL WOMEN

Derry/Londonderry
028 7136 0777

FAIR (FAMILIES ACTING FOR INNOCENT RELATIVES)

Armagh, Banbridge, Craigavon, Down, Newry & Mourne
028 3755 2619

FAMILIES BEYOND CONFLICT

Belfast
028 9024 8985

FAMILIES MOVING ON

Cookstown, Derry/Londonderry, Dungannon & S. Tyrone, Fermanagh, Magherafelt, Omagh, Strabane
028 8225 0369

FIRINNE

Fermanagh
028 6632 4497

KORAM CENTRE

Strabane
028 7188 6181

LARNE VOLUNTARY WELFARE GROUP

Larne, Carrickfergus, Newtownabbey
028 9027 9100

MAST

Down, Newry & Mourne
028 4176 3280

MID ULSTER VICTIMS' EMPOWERMENT (MUVE)

Cookstown, Magherafelt, Mid Ulster District Council Area
028 8676 3349

MILITARY AND POLICE SUPPORT OF WEST TYRONE (MAPS)

Omagh, Strabane, Dungannon & S.Tyrone
028 8224 5459

OMAGH POLICE WIVES

Omagh
028 9027 9100

OMAGH SUPPORT AND SELF HELP GROUP (OSSHG)

Omagh and Border Regions
028 8225 9877

OUT OF THE SHADOWS

Armagh, Craigavon
028 3887 9679

REACT

Armagh, Cookstown, Newry & Mourne, Dungannon & S.Tyrone
028 3752 6869

RELATIVES FOR JUSTICE (RFJ)

Throughout Ireland
028 9062 7171

SOUTH AND EAST TYRONE WELFARE SUPPORT

Dungannon & S.Tyrone
028 8772 6152

SOUTH ARMAGH RURAL WOMEN'S NETWORK

Armagh, Newry & Mourne
028 3086 8939

SOUTH EAST FERMANAGH FOUNDATION (SEFF)

Across Northern Ireland, Republic of Ireland and GB
028 6772 3884; 028 6772 2242

SPRINGHILL COMMUNITY HOUSE

Belfast
028 9032 6722

SURVIVORS OF TRAUMA

Belfast
028 9074 9944

TARA CENTRE

Fermanagh, Omagh
028 8225 0024

THE ELY CENTRE LTD

Fermanagh, Omagh, Craigavon, Dungannon & S.Tyrone
028 6632 0977

TULLYVALLEN FAMILY SUPPORT

Newtownhamilton
028 9027 9100

UDR ASSOCIATION CASTLEDERG

Omagh, Castledearg, Strabane
028 9027 9100

VICTIMS AND SURVIVORS TRUST (VAST)

Belfast
028 9062 7501

WAVE TRAUMA CENTRE

Across Northern Ireland
028 9077 9922

WOUNDED POLICE AND FAMILIES ASSOCIATION

Belfast
028 9027 9100

SOCIAL SUPPORT

ANTRIM VOLUNTARY WELFARE GROUP

Antrim
028 9027 9100

CASTLEHILL FOUNDATION

Craigavon, Dungannon & South Tyrone
028 3833 3840

COUNTY ARMAGH PHOENIX GROUP

Armagh
028 3752 7802

DECORUM NI

Across Northern Ireland
028 9145 7565

DERRY WELL WOMEN

Derry/Londonderry
028 7136 0777

FAIR (FAMILIES ACTING FOR INNOCENT RELATIVES)

Armagh, Banbridge, Craigavon, Down, Newry & Mourne
028 3755 2619

FAMILIES BEYOND CONFLICT

Belfast
028 9024 8985

FAMILIES MOVING ON

Cookstown, Derry/Londonderry, Dungannon & S. Tyrone, Fermanagh, Magherafelt, Omagh, Strabane
028 8225 0369

FIRINNE

Fermanagh
028 6632 4497

INSTITUTE FOR CONFLICT RESEARCH

Belfast
028 9074 2682

LARNE VOLUNTARY WELFARE GROUP

Larne, Carrickfergus, Newtownabbey
028 9027 9100

MAST

Down, Newry & Mourne
028 4176 3280

MID ULSTER VICTIMS' EMPOWERMENT (MUVE)

Cookstown, Magherafelt, Mid Ulster District Council Area
028 8676 3349

MILITARY AND POLICE SUPPORT OF WEST TYRONE (MAPS)

Omagh, Strabane, Dungannon & S.Tyrone
028 8224 5459

NEWRY AND MOURNE LOCAL VOLUNTARY WELFARE GROUP

Armagh, Newry & Mourne
028 9027 9100

OMAGH POLICE WIVES

Omagh
028 9027 9100

OMAGH SUPPORT AND SELF HELP GROUP (OSSHG)

Omagh and Border Regions
028 8225 9877

OUT OF THE SHADOWS

Armagh, Craigavon
028 3887 9679

REACT

Armagh, Cookstown, Newry & Mourne, Dungannon & S.Tyrone
028 3752 6869

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Throughout Ireland
028 9062 7171

SOUTH AND EAST TYRONE WELFARE SUPPORT

Dungannon & S.Tyrone
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SPRINGHILL COMMUNITY HOUSE

Belfast
028 9032 6722

SURVIVORS OF TRAUMA

Belfast
028 9074 9944

THE ELY CENTRE LTD

Fermanagh, Omagh, Craigavon, Dungannon & S.Tyrone
028 6632 0977

THE STRULE ASSOCIATION

Omagh, Castledearg, Strabane, Artigarvan, Donemanagh
028 9027 9100

TULLYVALLEN FAMILY SUPPORT

Newtownhamilton
028 9027 9100

UDR ASSOCIATION CASTLEDERG

Omagh, Castledearg, Strabane
028 9027 9100

UDR ASSOCIATION COLERAINE

Coleraine, Ballymoney
028 7032 1657

UDR ASSOCIATION ENNISKILLEN

Fermanagh, Omagh
028 9027 9100

UDR ASSOCIATION LISNASKEA

Fermanagh, Omagh
028 9027 9100

VICTIMS AND SURVIVORS TRUST (VAST)

Belfast
028 9062 7501

WAVE TRAUMA CENTRE

Across Northern Ireland
028 9077 9922

WOUNDED POLICE AND FAMILIES ASSOCIATION

Belfast
028 9027 9100

TALKING THERAPIES